



Family Well-being Programme for Migrants

1st Series "Settling **Programmes:**

Introduction to "Family Well-being Programme for Migrants 10 Mar:

"Challenges and celebration in living in new country as a migrant"

Tea Time! 17 Mar:

"Catching up with the previous week, Sharing own experiences, &

Expanding your own network"

24 Mar: Finding everyday living needs (Update your information)

"In a new country it is important to know where you can get some-

thing you need for your life (food, medical, school, various services)"

31 Mar: Tea Time!

(Next programmes will be announced soon)

Venue and Schedule

Waikato Ethnic Family Services Trust 2D, Caro Street Community Building Tuesday from 10:00 to 11:30

Admission Fee: GOLD Coin(s) for each participation

Please see our website for details: http://dcnz.net/familywellbeing Email to contact@dcnz.net for any questions