

## Kia Ora

Jane, Dave & Tony would like to extend an invitation to you to attend this people's action forum,

## Breaking the Silence on mental illness and suicide

**22 September 2015, 9am – 5pm** 

**Hamilton City Council Reception Lounge** 

 ${\bf IMPORTANT}\ please\ RSVP\ to\ je. stevens@xtra.co.nz$ 

(coffee, tea, lunch, etc. supplied)

**Guest presenter: Mike King** 

Families telling their stories
Overview of the mental health system
How do whanau ensure the health system hears their voices?
Community Action – joining forces and moving forward.

## Hearing the families

This forum is dedicated to the memory of Nicky 'Autumn' Stevens and all who have been lost to Mental Illness and Suicide