

## Come join us for a free presentation on the "Social Burden of Arthritis" and learn how to manage everyday life

**Presented by Arthritis Educator Trevor Fredericks** 

Date: Friday 19<sup>th</sup> February 2016

Time: 10 am to 11 am

Location: Methodist City Action, Methodist Centre 62 London Street, Hamilton

RSVP: Email <u>wendy@hmss.org.nz</u> or phone 839 3917 by Wednesday, 17<sup>th</sup> February 2016



