

Come join us for a free presentation on the "Social Burden of Arthritis" and learn how to manage everyday life

Presented by Arthritis Educator Trevor Fredericks

Date: Friday 19th February 2016

Time: 10 am to 11 am

Location: Methodist City Action, Methodist Centre 62 London Street, Hamilton

RSVP: Email <u>wendy@hmss.org.nz</u> or phone 839 3917 by Wednesday, 17th February 2016



