# **Brain Gym Plus Facilitator**

### Job Description

#### Our Mission:

To challenge injustice, affirm fullness of life for all people, empower those who are on the margins of our community and celebrate the city and its diversity.

#### <u>Aim:</u>

To facilitate an activity class for those with high needs (intellectual and / or physical disability).

#### Term of Employment:

This is a part time position of two hours per week, which includes one hour of contact time and one hour to set up / pack up and to complete associated administrative and cash handling tasks.

#### Reports to:

Methodist City Action Director

## **Functional Relationships:**

As a team member the Brain Gym Plus Facilitator may also have functional relationships with:

- Methodist City Action staff and volunteers
- Other community groups and agencies
- The Parish communities of the Methodist Church

## General:

Clients live with some form of physical and / or intellectual disability. This role requires the set up of a circuit of activities that support and encourage physical co-ordination skills .

Attendees come with Support Staff, often one on one. The Facilitator's role will be to support and encourage attendees to partake and to generally supervise.

## Would suit someone who has a Physio or OT background, but not required.