

THE RAP WORKSHOP

THURSDAY 19TH AND FRIDAY 20TH MAY 2016

at the *Western Community Centre*
46 Hyde ave, Hamilton



RAP is an application of the Circle of Courage model of positive youth development described by Larry Brendtro, Martin Brokenleg and Steve Van Bockern in their book *Reclaiming Youth at Risk*. According to Dr. Martin Brokenleg, RAP applies Circle of Courage principles to help all young people develop belonging, mastery, independence, and generosity. RAP methods are grounded in research evidence on resilience, brain science, and positive psychology.

This training offers practical methods providing positive behavior support and creating climates of respect in schools and youth programs.

RAP provides a powerful alternative to both punitive and permissive approaches. Young persons are enlisted as responsible agents in positive change. RAP deals with problems by focusing on strengths and solutions. Brief “teaching moments” instill positive behaviors and values. Rather than enforcing obedience, RAP sets high expectations for youth to take responsibility and show respect for themselves and others.

RAP is useful for all who are concerned with youth, whether professionals or lay persons. This course is well received by educators, counselors, social workers, psychologists, youth workers, and staff in treatment and youth justice settings. Training also can include parents, foster parents, mentors, and mature youth who are peer helpers.

Training leads to RAP certification, and course credit can be arranged. RAP is highly experiential and provides practical skills for building courageous kids. Basic RAP principles are presented in creative formats, and the course is enlivened by engaging videos and small-group role plays. Participants develop abilities to disengage from adversarial encounters, connect with adult-wary youngsters, restore bonds of respect, and create climates where all young persons can flourish.

About the Facilitator:

Lloyd Martin is a certified RAP course facilitator. For over 20 years Lloyd and Anthea shared their home in Porirua with local young people and have worked in their community as youth workers, teachers (in mainstream and alternative settings) and in outdoors education. Lloyd has written several books around youth work and cross cultural communication. He holds degrees from Victoria University in anthropology and education. Lloyd currently works with Praxis, a network of practitioners and educators in youth work and community development across New Zealand, Australia and the Pacific Islands.

Costs: (Include resource materials and lunch both days)

Early Bird payment - \$200 before 5pm 6th May
\$230 after early bird date

The workshops run over two full days (9am to 4pm each day), Certification is available for those who attend the whole thing. Lunch is provided. Places are limited to 20 on each workshop.

Register and Payment: Payments can be made at the Western Community Centre, 46 Hyde Ave, Hamilton. (eftpos available) Payment needs to be made before course date.

- Bank Deposit 03 - 1355 - 0693330 – 000
(SBS BANK - Western Community Association Inc) include your name as reference.

-An invoice can be produced, email us the details and we will organise.

Register at www.westerncommunitycentre.org

Further Info

admin@wccham.org.nz,

Or message the *Western Community Centre* Facebook Page

www.westerncommunitycentre.org

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Name _____

Address _____

Email _____

Organisation/Group/Church if applicable _____

Phone Number _____

Payment will be made by

- ☐ Coming into the Western Community Centre
- ☐ Internet Banking/cheque
- ☐ Send me an invoice

To secure your place payment needs to be made before course date.

return to admin@wccham.org.nz or 46 Hyde ave Hamilton